

SPOKES - HEATHCOTE RIVER CYCLE RIDE, 1 PM SUNDAY 28 MARCH 2010

0km SCALE 1km

LEGEND

- On-road Cycle Lanes
- Sealed Shared Pathway
- Formed Gravel Track
- Unformed Trail
- Cycle/Footbridge X
- Traffic Calming H
- Toilets T
- Information Displays i
- Hazardous Locations !

This ride involves travelling down the Heathcote River (south side) from Cashmere to Opawa and returning on the other side – Enjoy!

Careful crossing Colombo St – check out the new library!

Info display after bridge. Trail is narrow & winding – go left just after display

Careful crossing Barrington St – try the crossing facility!

Approximate riding distance (PM Hospital to Opawa Rd): **10km each way**

What do you think of the traffic calming on Fifield Tce?

Narrow path with no kerb ramps

Careful crossing Ensors Rd

Can you negotiate these barriers?

Choose path or road here

Careful crossing these roads (Burnbrae St, Wilsons Rd)

Have you tried the Tennyson St off-road pathways?

Beckenham Ponds – a remnant of the previously extensive raupo swamp

Sign says NO CYCLES – walk instead? Some parts are narrow, winding & overhanging

Aynsley Tce “Living Street” – does it work?

Heathbrae House waterwheel, just past second chicane

Living Streets info display. Check out red path treatment too!

Memorial stone with natural heritage info

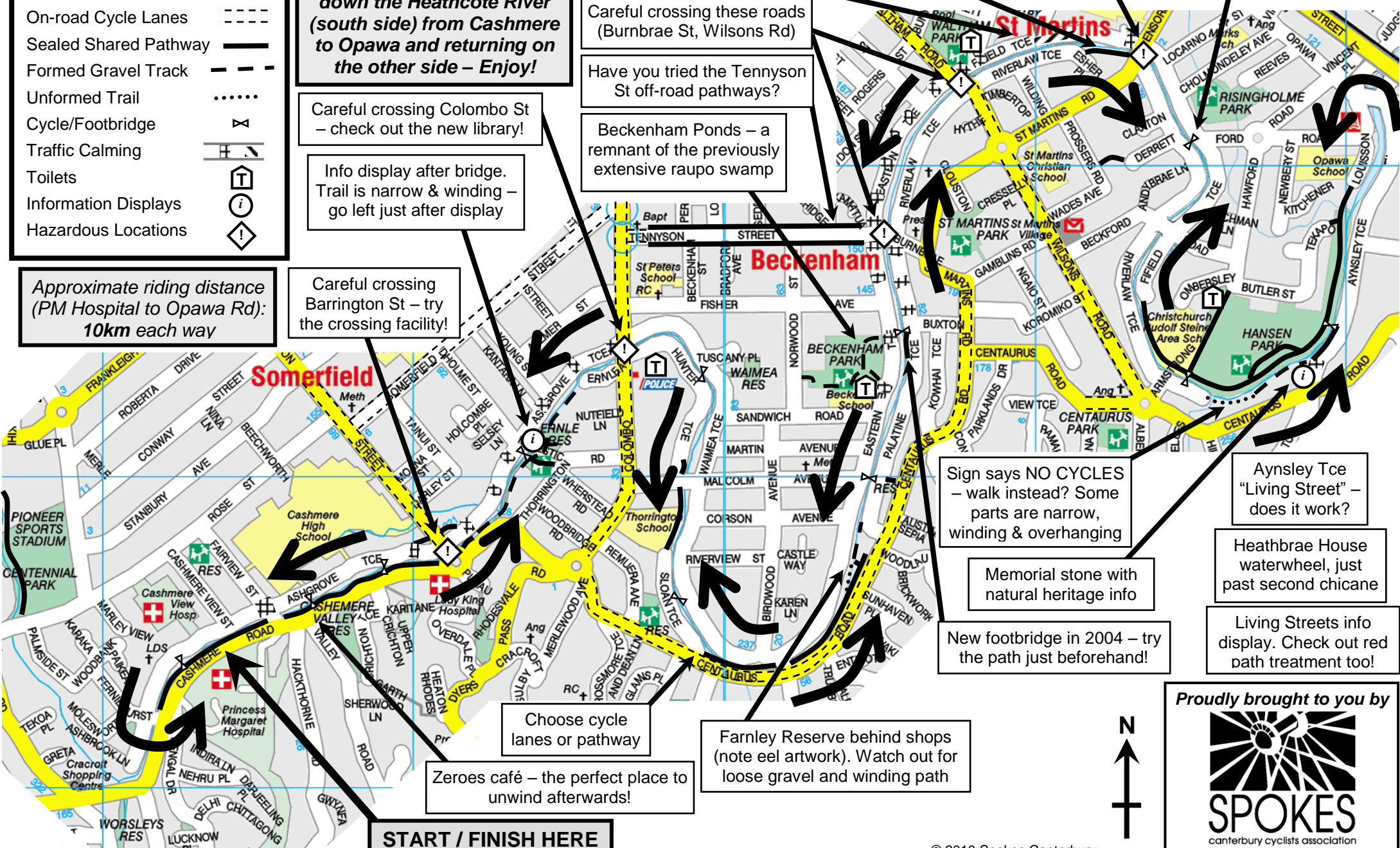
New footbridge in 2004 – try the path just beforehand!

Choose cycle lanes or pathway

Fanley Reserve behind shops (note eel artwork). Watch out for loose gravel and winding path

Zeroes café – the perfect place to unwind afterwards!

START / FINISH HERE



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SPOKES
canterbury cyclists association

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3rd of 3 in 2010

This ride will take a meandering tour down the Heathcote riverside from Cashmere to Opawa and back again. Along the way, you'll find out some interesting details about the area and experience a range of cycle facilities, good and not so good! Approximate riding time (including stops at features of interest): 2 hours.

Route information: Starting at the riverbank car park opposite Princess Margaret Hospital bus-stop, proceed downstream keeping the Heathcote River to your left. When you reach the footbridge just before Opawa Rd cross over and return up-river back to Cashmere. Cross back over at the Ferniehurst St (Smarts) bridge, just upstream of PM Hospital.

Look out for future Spokes Recreational Rides!

As part of Christchurch City Council's **Season of Cycling** (www.seasonofcycling.co.nz), Spokes is running a series of its popular recreational rides. These are strictly social rides around Christchurch for all the family to show you a few interesting cycle routes and help get to know a few more of you.

General Information

- Rides will have a "tour guide" and a "tail-end Charlie" to keep everyone on the right track.
- Routes generally follow off-road paths and quiet streets as much as possible.
- There will be regular stops to keep everyone together and to point out interesting features of the route.
- Riders will be provided with a customised map with commentary to take away with them.
- All rides start/finish at the same location; car parking is available here for those travelling from further afield.
- Please make sure your bike is OK off-road - there are often a few unsealed trails along the way (nothing too strenuous).
- Bike trailers, recumbents and other "interesting" bikes are usually OK for the routes undertaken.
- We suggest you bring some drink and refreshments for the journey; we'll usually arrange a "pit-stop" halfway.
- For those who want, our rides end with a visit to a local cafe for refreshments, so you may also want to bring your wallet.
- Suitable protection from the sun/rain/cold/whatever is advised. A camera might come in handy too!
- So long as any rain is minimal or non-existent, the ride will be on; a postponement date may be advised.

For more information, contact **John Lieswyn**, phone 331 7370 a/h, email lieswyn@xtra.co.nz



Want to find out more about cycling happenings in and around Christchurch?

Sign up for our free monthly Spokes e-newsletter. See our website www.spokes.org.nz for more details.

SPOKES CANTERBURY - contact **Nigel Rushton** (Secretary), ph. (03) 377 2820 (h)
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